

SOUPS

We serve two homemade soups daily
Ask for a sample!



Bowl 6
To-Go Pint 10

SALADS

Garden

Romaine Lettuce topped with English Sliced Cucumbers, Cherry Tomatoes and Shredded Carrots

8

Classic Caesar

Romaine Lettuce served with Parmesan Cheese and our Homemade Caesar Dressing & Croutons

9

With Blackened Salmon Strips add 8

With Teriyaki Salmon Strips add 8

Greek

Diced Cucumbers, Roma Tomatoes & Red Onions on a bed of Romaine Lettuce topped with Kalamata Olives and Feta Cheese

11

Hadassah

Fresh Romaine topped with Israeli Salad, a scoop of Hummus & dressed with Tehina. Served with Sliced Oven-Baked Pita Bread and (hot) Schugg (upon request)

13

Spinach

Fresh Baby Spinach topped with Red Onion, Sliced Hard-Boiled Egg, Feta Cheese, Dried Cranberries and Toasted Almonds. Served with Balsamic Vinaigrette Dressing

12

Choice of Dressings (all non-dairy): Balsamic Vinaigrette, Caesar, Creamy Italian,



SANDWICHES

Served with Cole Slaw or Potato Chips on your choice of bread:
Bagel, Challah, Rye or Whole Wheat

Add Lettuce, Tomatoes, Cucumber and/or Onion to any Sandwich
with a Side of French Fries add 2

Meatless Meatball Sub *with Marinara & Mozzarella on a Toasted Hoagie*

12

Tuna Salad *Albacore Tuna with Celery & Red Peppers*

8

Savory Egg Salad *Green Onion, Mayonnaise and Dijon Mustard*

7

Norwegian Lox & Cream Cheese *delicately Smoked Salmon on a Toasted Bagel*

10

Tuna Melt *with Mozzarella & Parmesan Cheese*

9

Falafel Pocket *with Hummus, Tahini & Israeli Salad*

10

Lunch Combo *(served between 11am—2pm)*

13

Your choice of pasta bowl or personal cheese pizza, with side salad and soft drink

*Thank you for recognizing our servers when you experience excellent customer service.
Gratuity will automatically be added to parties of 6 or more.*

APPETIZERS

Loaded Nachos	11
Hand-battered Onion Rings	8
Hummus Platter	7
French Fries	5
Garlic French Fries	6
Sweet Potato Fries	6
Mozzarella Sticks	8

SIDES

Seasonal Vegetables	5
Brown Rice	4
Spanish Rice	5
Frijoles (Beans)	4
Albacore Tuna	5
Savory Egg Salad	4

ENTREES

Piping hot, served fresh from our kitchen
add Salmon to any entrée 8

Eggplant Parmesan

*Breaded Eggplant topped with Marinara, Mozzarella & Parmesan
Non-Dairy option served with Fresh Spinach, Onions & Garlic**



14

Ratatouille on Brown Rice* (GF)

Diced Eggplant, Red Pepper, Zucchini, Mushrooms and Tomatoes on a bed of Brown Rice

10

Enchilada Platter (GF)

Two Meat(less) Enchiladas paired with Spanish Rice and Frijoles and topped with Cheddar Cheese

15

Creamy Macaroni & Cheese

Baked with Shredded Cheese

10

Three Cheese Lasagna

Baked with Ricotta, Mozzarella & Parmesan Cheese

13

Baked Ziti

Penne Pasta baked with Savory Marinara Sauce and Ricotta, Feta, Parmesan & Mozzarella Cheeses

12

Pasta Bowl

Choice of Penne or Thin Spaghetti Noodles and Sauce, topped with Parmesan Cheese

Alfredo	15
Marinara	13
Pesto	14
Rosato	14

SEAFOOD

Blackened Salmon* (GF)

Fresh filet of Salmon, blackened, served with Savory Rice and lightly sautéed Seasonal Vegetables

22

Sicilian Cod*

*Alaskan true Cod, sautéed with Artichokes, Kalamata Olives, Tomatoes, Garlic and capers.
Served with lightly sautéed Seasonal Vegetables and Brown Rice*

21

* Non-Dairy

Gluten Free (GF)

ASK US ABOUT OUR CATERING AND TO-GO SERVICES!

SPECIALTY PIZZA

Our pizzas are hand tossed and fired in a brick oven topped with mozzarella cheese

	10"/16"
Loaded Veggie	14/26
<i>Red sauce, black olives, artichoke hearts, mushrooms, red peppers, red onions</i>	
Three Cheese	13/25
<i>Red sauce, mozzarella, feta, parmesan, parsley</i>	
Greek	14/26
<i>Red sauce, feta, kalamata olives, red onions, roma tomatoes</i>	
Spartan	15/27
<i>Red sauce, artichokes, feta, kalamata olives, mushrooms, fresh roma tomatoes, parsley</i>	
Island Special	13/25
<i>Red sauce, breaded eggplant, roasted garlic, sun-dried tomatoes</i>	
Dayenu	16/28
<i>Red sauce, feta, jalapenos, black olives, roasted garlic, pepperoncini, red peppers, roma tomatoes, mushrooms, artichokes, red onion, breaded eggplant</i>	
Venetian	13/25
<i>Herb oil, roasted garlic, red onion</i>	
Vulcan	14/26
<i>Herb oil, roasted garlic, parmesan, jalapenos, chili flakes, pepperoncini, cayenne pepper</i>	
Sweet Pepper Pie	15/27
<i>Herb oil, feta, roma tomatoes, jalapenos, red onions, pepperoncini</i>	
Savory `Shroom	15/27
<i>Herb oil, feta, parmesan, mushrooms, jalapenos, roasted garlic, chili flakes</i>	
Southwest BBQ	16/28
<i>BBQ sauce, meatless ground beef, diced red onions, corn, cheddar & pepper jack cheese</i>	
Natural	14/26
<i>Olive oil, parmesan, feta, roasted garlic, oregano, roma tomatoes</i>	
Pineapple Express	15/27
<i>Olive oil, chili flakes, jalapenos, mushrooms, roasted garlic, parmesan, pineapples, red onions, roma tomatoes</i>	



BUILD YOUR OWN PIZZA

Personal 10"	11
Large 16"	19
Choice of Toppings	
Personal	1 ea
Large	2 ea

Topping/Filling Selections

Anchovies	Mushrooms
Artichoke Hearts	Pepperoncini
Black Olives	Pineapple
Breaded Eggplant	Red Onions
Extra Cheese	Red Peppers
Feta Cheese	Roasted Garlic
Jalapenos	Roma Tomatoes
Kalamata Olives	Sun-Dried Tomatoes
Meatless Pepperoni	

CALZONES

We start with our homemade pizza dough, add delicious fillings and serve with gourmet marinara sauce

Florentine	15
<i>Florentine Mix (Spinach, Mozzarella & Ricotta Cheese, Onions, Garlic)</i>	
Make Your Own	11
<i>Select your own fillings (max 4)</i>	
	1 ea

WE HAVE GLUTEN FREE  CRUST! (additional charges apply)